

# Privacy Policy

## Introduction

This privacy policy describes how landaspine.com collects, uses, and shares your personal information when you visit our website or use our services.

## What personal information do we collect?

We collect the following types of personal information from you:

- Contact information, such as your name, email address, and phone number.
- Demographic information, such as your age, gender, and location.
- Usage information, such as the pages you visit on our website and the products you view.
- Technical information, such as your IP address and browser type.

## How do we use your personal information?

We use your personal information for the following purposes:

- To provide you with the services you request.
- To improve our website and services.
- To send you marketing communications, such as email newsletters.
- To protect our legal rights and interests.

## Who do we share your personal information with?

We may share your personal information with the following third parties:

- Our service providers, who help us provide our services to you.
- Advertisers, who may show you ads on our website or other websites.
- Analytics providers, who help us measure the traffic on our website.
- Law enforcement agencies, if required by law.

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## How do we protect your personal information?

We take steps to protect your personal information, such as:

- Using secure servers to store your data.
- Using encryption to protect your data in transit.
- Requiring our employees to keep your data confidential.

## Your rights

You have the following rights with respect to your personal information:

- The right to access your personal information.
- The right to correct your personal information if it is inaccurate or incomplete.
- The right to delete your personal information.
- The right to object to the processing of your personal information.
- The right to restrict the processing of your personal information.
- The right to port your personal information to another organization.

## How to contact us

If you have any questions about this privacy policy, please contact us:

Alexis@Landaspine.com

## Changes to this privacy policy

We may update this privacy policy from time to time. The latest version will always be posted on our website.

## Effective date

This privacy policy is effective as of 9/2024